Congresswoman Debbie Halvorson and her staff yesterday spent time volunteering at Joliet's Daybreak Center, giving a transitional housing room an "extreme makeover" and donating furnishings to help out a local family during the holiday season.

The Daybreak Shelter, run by Catholic Charities, serves Will, Grundy, and Kendall counties and offers three primary programs: Daybreak Shelter and Family Support Center, Shepherd's Table, and Daybreak Transitional Housing.

Halvorson and her staff participated in the "adopt-a-room" program, helping to clean, paint, and furnish a room to be used by a mother and her three children as they go through Daybreak's transitional program, which includes job training, budgeting classes and other transitional support to help families overcome homelessness.

"Giving back is so important right now, and Daybreak Shelter is such an important place for our community. During this holiday season, I hope everyone considers donating some of their time to helping others," said Halvorson.

